

Kampfkunstschule  
**華林派**  
**WAH LUM PAI**

Trainingsplan

Montag	Dienstag	Mittwoch	Donnerstag	Freitag
		10:30 - 11:30 <b>TAI CHI</b>		
17:00 - 18:00 <b>KUNG FU KIDS</b>		17:00 - 18:00 <b>KUNG FU KIDS</b>		17:00 - 18:00 <b>KUNG FU KIDS</b>
	18:00 - 19:00 <b>KUNG FU 1</b> Anfänger		18:00 - 19:00 <b>TAI CHI</b>	
18:30 - 19:30 <b>KUNG FU</b>	19:15 - 20:15 <b>KUNG FU 2</b> Fortgeschrittene		19:15 - 20:15 <b>KUNG FU 1</b> Anfänger	18:30 - 19:30 <b>KUNG FU</b>
19:45 - 20:45 <b>TAI CHI</b>	20:30 - 21:30 <b>SANSHOU</b>		20:30 - 21:30 <b>KUNG FU 2</b> Fortgeschrittene	19:45 - 20:45 <b>TAI CHI</b>